

Cygnets Occupational Therapy Conference 2026

Doing Occupational Therapy Well: Complexity, Creativity, and Care



Wednesday 8th July - Online Conference

Programme of the day

10.00 Welcome Note Presented by Victoria Wisniewski

10.05



Key Note Speaker - Louise Fouché

Occupational Therapist, educator and mental health leader with over 30 years' experience. Louise is a director of OTGrow and trains OTs in group skills, nationally and internationally. Louise is the founder of #MoreThanMeerAs, empowering individuals and communities through occupation, connection and recovery.

10.35 Questions

10.40 Occupational Therapy & Sensory Interventions within in-patient settings

Presented by Lindsay Duhra & Laura-Jane Pinner

11.10 Break

11.25 Video: Patient Experience of Sensory Integration Presented by Ella Louise Taylor

11.35 Artistic Explorers: A Creative, Graded Occupational Therapy Group Intervention across Multiple Social Care Services Presented by Emma Mellor, Amrutha Chandran, Charlotte Warren & Kirsty Turner

12.05 Poster Presentations: Pizza Pathway by Angie Hodgson
Empowering Voices: Your Right to Vote by Amrutha Chandran & Karen Shaw

12.15 Lunch

13.15 Ordinary Magic: Extraordinary Outcomes (Interactive Session) Presented by Susanna Shotton

13.45 Reflection time

13.50 From Checklist to Community: Redesigning Recovery Through Activity in CAMHS
Presented by Leyla Erkasap, Sunne Jones & Amy Hughes

14.20 Break

14.35 Video: Cygnets Times Presented by Alice Butler, Emelia Smith, Caroline Pratt & Leanna Kerwin

14.45 Pathways to Purpose: Unlocking Potential Through Vocational Identity
Presented by Adele Wheway & Kerry Booth

15.15 Closing Plenary Presented by Victoria Wisniewski

