

# Increasing our involvement in Universities through guest lecturing

## What was asked of us

We were approached by the University of Sunderland to plan and deliver a practical teaching session on the VdT MoCA. The session was to last 3 hours and be delivered in person. This was a follow on session after the students had attended a theoretical lecture, delivered by one of the university lecturers.



## What we did (process and planning)

- We created a working party.
- We set up regular meetings to organise and plan how the session was going to run.
- We decided on learning objectives, style of teaching and how to communicate our message.
- Create some teaching materials.

## What we did (execution)

- Pre-session quiz
- Case studies of a person in each of the first 4 levels of the VdT MoCA
- Role play of delivering a craft session with a person in each of the first 4 levels of the VdT MoCA
- Create a cheat sheet for each of the first 4 levels of the VdT MoCA
- Post session quiz



## Results

**15 participants**  
All figures in the table indicate the percentage of correct answers

Question	Start of session	End of session	Difference
1	13	86	+73
2	13	73	+60
3	33	60	+27
4	80	100	+20
5	6	73	+67
6	53	93	+40
7	20	26	+6
8	0	86	+86

Question 9 asked the students to score themselves between 1-10 on their VdT MoCA knowledge before and after the session, average scores are;  
Average before the session score 3/10, Average after the session round score 7/10, Increase of 4 points on average.  
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